

La Paloma Academy

Central Campus

September Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Cereal Variety & Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
Friendly Reminder - La Paloma Academy will be providing <u>HOT</u> Breakfast with many additional offerings on the fruit bar in the cafeteria daily!			Free Breakfast and Lunch for ALL Students!  	
	1	2	3	4
	 Cinnamon Rolls Fuzzy Kiwi Hash Brown Patties Chicken Tenders /Roll Grilled Cheese Garlic Green Beans Sweet Orange Slices	 Wheat Toast & Sausage Applesauce Scrambled Eggs Crispy Chicken Filet Sandwich Baby Carrots / Ranch Nectarines	Pancake on a Stick Golden Bananas Strawberry Yogurt Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley 	
7	8	9	10	11
	 Mini Donuts Sliced Pears String Cheese Beef Taco Stick Mini Corn Dogs Broccoli Bites Fresh Fruit Variety	 Ham/ Cheese Croissant Purple Plums Peach Yogurt Cheesy Beef Burger Celery Sticks /Ranch Lemon Berry Sidekick	 Sausage Bagels Fresh Grapes Hash Brown Patties Beefy Goulash Mesquite Chicken/Roll Roasted Corn Cinnamon Apple Slices	Sweet Emoji Waffles Sliced Strawberries Sausage Links Teriyaki Chicken Bowl Taco Crisp Ups Mixed Salad Greens Melon Medley
14	15	16	17	18
Super Banana Bread Fresh Fruit Variety Cheese Cubes Beefy Nacho Supreme Italian Calzone Potato Wedges Fruit Cocktail 	 Breakfast Sandwich Fuzzy Kiwi Vanilla Yogurt Chicken Quesadilla Sloppy Joes Garlic Green Beans Fresh Grapes	Sweet Potato Muffin Golden Bananas Hash Brown Patties Chicken Poppers / Roll Baby Carrots / Ranch Fuzzy Peaches	Wheat Toast & Bacon Melon Medley Cheesy Scrambled Eggs Hot Diggity Dog Teriyaki Beef Dippers Steamed Broccoli Sweet Orange Slices	 Strawberry Bagel Bar Fresh Grapes Peach Yogurt Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Mixed Berries 
21	22	23	24	25
 Pancake Poppers Fruit Cocktail Sausage Links Bean / Cheese Burrito Mozzarella Dippers Broccoli Bites Golden Apple Slices	Chicken Waffle Sandwich Sweet Orange Slices Peach Yogurt Mandarin Chicken French Bread Pizza Steamed Zucchini Fresh Grapes 	 Cinnamon Rolls Diced Peaches Hash Brown Patties Regular or Spicy Boneless Wings / Roll Celery Sticks /Ranch Mango Berry Sidekick!	Egg / Cheese Flatbread Sliced Strawberries Strawberry Go-Gurt Chicken Alfredo/Toast Baked Chicken /Roll Sweet Potato Fries Melon Medley 	 Super Donut Purple Plums Crispy Bacon Filet O ' Fish Sandwich Chicken Fajitas Refried Beans Golden Bananas
28	29	30		
 Double Chocolate Muffin Applesauce Cheese Cubes Breakfast 4 Lunch! Soft Pretzel & Cheese Emoji Taters Fresh Fruit Variety	 Dutch Waffles Sliced Peaches Sausage Links Chicken Parmesan Cheese Taquitos Mixed Vegetables Sweet Orange Slices	 Breakfast Burrito Fresh Fruit Variety Vanilla Yogurt Bosco Pepperoni Stick Broccoli Bites Cinnamon Apple Slices		

Meals are FREE for all students - no need to complete a meal application!
USDA Is an Equal Opportunity Provider Employer and Lender



La Paloma Academy

September Afterschool Snack Menu

Monday

Tuesday

Wednesday

Thursday

Friday

WG Honeybun
Grahams
&
Cheese Cubes

Chex Mix

Apple Slices
&
Tropical Craisins

WG Bunny Friends
Graham
&
String Cheese

No School Today

No School Today

Cheddar
Goldfish
Crackers

100 % Fruit Juice

Cheez – Its

Apple Slices
&
Lemonade Craisins

Chocolate
Chex Mix
&
100 % Fruit Juice

WG Coco Dot
Muffin
&
100% Fruit Juice

WG Cheddar
Sun Chips

100 % Fruit Juice

WG Scooby-Doo
Grahams
&
String Cheese

Chex Mix

Apple Slices
&
Orange Craisins

WG Cheddar
Nacho Cheese
Doritos

100 % Fruit Juice

WG Bunny Friends
Graham
&
String Cheese

WG Baked
BBQ Crisps

100 % Fruit Juice

Goldfish Pretzel
Crackers
&
Cheese Cubes

Cheez – Its

Apple Slices
&
Cherry Craisins

Cheddar
Goldfish
Crackers

100 % Fruit Juice

WG Banana
Muffin
&
100% Fruit Juice

WG Salsa
Sun Chips

100 % Fruit Juice

WG White
Nacho Cheese
Doritos

100 % Fruit Juice

Chex Mix

Apple Slices
&
Strawberry Craisins

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