

LA PALOMA ACADEMY CENTRAL CAMPUS



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Blueberry Oatmeal Fuzzy Peaches Scrambled Eggs	Sausage Bagels Sliced Strawberries Peach Yogurt
Free Breakfast & Lunch for all students!			Chicken Posole / Chips Deli Sub Sandwich Sweet Potato Fries Golden Bananas	Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
5	6	7	8	9
Cinnamon UBR Fresh Grapes Hash Brown Patties Nacho Supreme Mini Corn Dogs Baked Potato Wedges Mixed Fruit	French Toast Sticks Gala Apple Slices Crispy Bacon Spaghetti & Meat Sauce Mesquite Chicken / Roll Broccoli Bites Sweet Orange Slices	Biscuits & Gravy Golden Bananas Sausage Links Taco Stick Vegetable Medley Frozen Fruit Cup	Mini Donuts Applesauce Scrambled Eggs BBQ Rib Sandwich Hot Diggity Dog Baby Carrots / Ranch Strawberry Applesauce	Apple Frudel Sliced Strawberries String Cheese Early Release! No Lunch Today!
12	13	14	15	16
19	20	21	22	23
Carrot Muffin Mixed Fruit Baby Bakers Baked Mozzarella Chicken Tenders / Roll Curly Q Potatoes Sliced Strawberries	Sweet Emoji Waffles Diced Peaches Sausage Patty Mandarin Chicken Bean/Cheese Burrito Garlic Green Beans Cinnamon Apple Slices	Breakfast Sandwich Sliced Strawberries Vanilla Yogurt Backyard Grill Burger BBQ Baked Beans Fresh Grapes	Honeybun Purple Plums Crispy Bacon Homemade Chili Bowl Chicken Quesadilla Broccoli Bites Sweet Orange Slices	Egg / Cheese Flatbread Golden Bananas Strawberry Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Watermelon Slices
26	27	28	29	30
Mini Caramel Cinni's Apple Slices String Cheese Breakfast 4 Lunch! Grilled Cheese Sweet Potato Fries Sliced Peaches	Breakfast Burrito Fuzzy Kiwi Vanilla Yogurt Baked Chicken Drum Crunchy Beef Tacos Mashed Potatoes Mixed Berries	Homestyle Pancakes Diced Pears Sausage Links Chicken Filet Sandwich Celery Sticks / Ranch Gala Apple Slices	Dutch Waffle Diced Peaches Hash Brown Patties Sloppy Joes Chicken Alfredo Steamed Broccoli Sweet Orange Slices	Super Pumpkin Bread Melon Medley Crispy Bacon Spooky Bat Nuggets Cinna-bat Crackers BBQ-BOO Beans Mango Berry Sidekick
Meals are FREE for all students - no need to complete a meal application! USDA is an Equal Opportunity Provider, Employer and Lender				

La Paloma Academy

October Afterschool Snack Menu



Monday



Thursday

Friday

Chocolate
Chex Mix
&

5

WG Chili Lime
Pringle Mingles

6

Cheez – Its

7

WG Bunny Friends
Graham
&

1

Cheddar
Goldfish
Crackers

2

String Cheese

100 % Fruit Juice

WG Coco Dot
Muffin
&

8

100% Fruit Juice

No School Today

9

100 % Fruit Juice

100 % Fruit Juice

Lemonade Craisins

No School Today

No School Today

No School Today

No School Today

No School Today

Goldfish Pretzel
Crackers
&

22

Cheese Cubes

WG Bunny Friends
Graham
&

23

String Cheese

Chocolate
Chex Mix
&

19

100 % Fruit Juice

WG Cheddar
Nacho Cheese
Doritos

20

100 % Fruit Juice

Chex Mix
Apple Slices
&

21

Tropical Craisins

WG Salsa
Sun Chips

29

100 % Fruit Juice

WG Pizza
Pringle Mingles

30

100 % Fruit Juice

WG Baked
BBQ Crisps

26

100 % Fruit Juice

WG Banana
Muffin
&

27

100% Fruit Juice

Cheez – Its
Apple Slices
&

28

Cherry Craisins

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