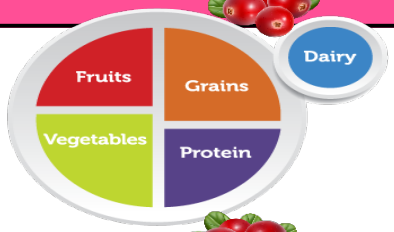
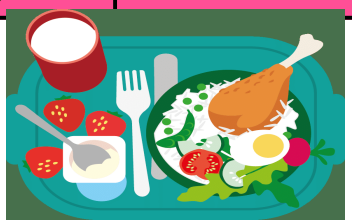
# La Paloma Academy
# Heritage Campus
## November Menu

1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!





| 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|
| *Blueberry Pancakes*<br>*Peach Slices*<br>*Sausage Links*<br>Chili/Cheese Frito Bowl<br>Mini Corn Dogs<br>Baby Carrots / Ranch<br>Mixed Berries | *Breakfast Pizza*<br>*Applesauce*<br>*Strawberry Go-Gurt*<br>Chicken Quesadilla<br>Chicken Fajita Stir Fry<br>Garlic Green Beans<br>Sweet Orange Slices | *Cinnamon Oatmeal*<br>*Fruit Cocktail*<br>*Hash Brown Patties*<br>Chicken Poppers /Roll<br>Broccoli Bites<br>Fruit Cup Variety | *Double Chocolate Muffin*<br>*Fuzzy Kiwi*<br>*Scrambled Eggs*<br>Chicken Posole<br>Deli Sub Sandwich<br>Refried Beans<br>Fresh Grapes | *Sausage Bagels*<br>*Sliced Strawberries*<br>*Strawberry Yogurt*<br>Cheese Or<br>Pepperoni Pizza<br>Mixed Salad Greens<br>Kickin' Melon Mix |
| **9** | **10** | **11** | **12** | **13** |
| *Mini Donuts*<br>*Fresh Grapes*<br>*Potato Baby Cakes*<br>Baked Mozzarella<br>BBQ Rib Patty Sandwich<br>Baked Potato Wedges<br>Fruit Cocktail | *French Toast*<br>*Golden Bananas*<br>*Crispy Bacon*<br>Mesquite Chicken/Roll<br>Porky Mac & Cheese<br>Steamed Zucchini Slices<br>Sliced Peaches | THANK YOU VETERANS FOR YOUR SERVICE | *Dutch Waffle*<br>*Mixed Berries*<br>*Sausage Links*<br>Rotini & Meat Sauce<br>Grilled Cheese Sandwich<br>Mixed Salad Greens<br>Sweet Oranges Slices | *Egg & Cheese Flatbread*<br>*Diced Pears*<br>*Peach Yogurt*<br>Chicken Woodle Soup<br>Baked Fish Sticks/Roll<br>Vegetable Medley<br>Cinnamon Applesauce |
| **16** | **17** | **18** | **19** | **20** |
| *Breakfast Bites*<br>*Mixed Berries*<br>*String Cheese*<br>Nacho Supreme<br>Breakfast 4 Lunch!<br>Curly Q Potatoes<br>Applesauce | *Cinnamon Rolls*<br>*Fuzzy Kiwi*<br>*Sausage Links*<br>Baked Chicken/Roll<br>Chili Cheese Hot Dog<br>BBQ Baked Beans<br>Cinnamon Apple Slices | *Breakfast Sandwich*<br>*Diced Pears*<br>*Vanilla Yogurt*<br>Beef Taco Stick<br>Baby Carrots / Ranch<br>Fresh Grapes | *Egg/Cheese Omelet*<br>*Sliced Mellons*<br>*Crispy Bacon*<br>Cheese Or<br>Pepperoni Pizza<br>Mixed Salad Greens<br>Sliced Peaches | *Pancake Poffitz*<br>*Golden Bananas*<br>*Peach Yogurt*<br>**Thanksgiving Feast!** |
| **23** | **24** | **25** | **26** | **27** |
| GIVE THANKS | | | | |
| **30** | | | | |
| *Mini Caramel Cinnis*<br>*Mixed Fruit*<br>*String Cheese*<br>Bean & Cheese Burrito<br>Boneless Wings / Roll<br>Mexicali Corn<br>Sliced Peaches | **Free Breakfast and Lunch for all students!** | | | |

**Meals are FREE for all students - No need to complete a meal application!**
**USDA is an Equal Opportunity Provider, Employer and Lender**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>WG Bunny Friends Graham<br>&<br>String Cheese | 3<br>WG Cheddar Goldfish Crackers<br>100 % Fruit Juice | 4<br>WG Chex Mix<br>Apple Slices<br>&<br>Tropical Craisins | 5<br>WG Chili Lime Pringle Mingles<br>100 % Fruit Juice | 6<br>WG Coco Dot Muffin<br>&<br>100% Fruit Juice |
| 9<br>WG Chocolate Chex Mix<br>&<br>100 % Fruit Juice | 10<br>WG Goldfish Pretzel Crackers<br>&<br>Cheese Cubes | 11<br>No School Today | 12<br>WG Cheddar Nacho Cheese Doritos<br>100 % Fruit Juice | 13<br>WG Honey Belly Bears<br>String Cheese |
| 16<br>WG Baked Cheetos<br>100 % Fruit Juice | 17<br>Lemon Chip Crunch Bar<br>&<br>100% Fruit Juice | 18<br>WG Cheez – Its<br>Apple Slices<br>&<br>Cherry Craisins | 19<br>WG Rainbow Goldfish Crackers<br>100 % Fruit Juice | 20<br>No After Care Today |
| 23<br>No School Today | 24<br>No School Today | 25<br>No School Today | 26<br>No School Today | 27<br>No School Today |
| 30<br>WG Bunny Friends Graham<br>&<br>100 % Fruit Juice | | | | |

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MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com