

LA PALOMA ACADEMY LAKESIDE CAMPUS



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Free Breakfast & Lunch for all students!			Blueberry Oatmeal Fuzzy Peaches Scrambled Eggs	Sausage Bagels Sliced Strawberries Peach Yogurt
			Chicken Posole / Chips Deli Sub Sandwich Sweet Potato Fries Golden Bananas	Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
5	6	7	8	9
<i>Cinnamon UBR</i> <i>Fresh Grapes</i> <i>Hash Brown Patties</i> Nacho Supreme Mini Corn Dogs Baked Potato Wedges Mixed Fruit	<i>French Toast Sticks</i> <i>Gala Apple Slices</i> <i>Crispy Bacon</i> Spaghetti & Meat Sauce Mesquite Chicken / Roll Broccoli Bites Sweet Orange Slices	<i>Biscuits & Gravy</i> <i>Golden Bananas</i> <i>Sausage Links</i> Ham / Cheese Sandwich Celery Sticks / Ranch Cinnamon Applesauce	<i>Mini Donuts</i> <i>Applesauce</i> <i>Scrambled Eggs</i> BBQ Rib Sandwich Hot Diggity Dog Baby Carrots / Ranch Strawberry Applesauce	<i>Apple Frudel</i> <i>Sliced Strawberries</i> <i>String Cheese</i> Early Release! No Lunch Today!
12	13	14	15	16
19	20	21	22	23
<i>Carrot Muffin</i> <i>Mixed Fruit</i> <i>Baby Bakers</i> Baked Mozzarella Chicken Tenders / Roll Curly Q Potatoes Sliced Strawberries	<i>Sweet Emoji Waffles</i> <i>Diced Peaches</i> <i>Sausage Patty</i> Mandarin Chicken Bean/Cheese Burrito Garlic Green Beans Cinnamon Apple Slices	<i>Breakfast Sandwich</i> <i>Sliced Strawberries</i> <i>Vanilla Yogurt</i> Wow Butter Sandwich Baby Carrots/Ranch Grape Escapes	<i>Honeybun</i> <i>Purple Plums</i> <i>Crispy Bacon</i> Homemade Chili Bowl Chicken Quesadilla Broccoli Bites Sweet Orange Slices	<i>Egg / Cheese Flatbread</i> <i>Golden Bananas</i> <i>Strawberry Yogurt</i> Cheese Or Pepperoni Pizza Mixed Salad Greens Watermelon Slices
26	27	28	29	30
<i>Mini Caramel Cinni's</i> <i>Apple Slices</i> <i>String Cheese</i> Breakfast 4 Lunch! Grilled Cheese Sweet Potato Fries Sliced Peaches	<i>Breakfast Burrito</i> <i>Fuzzy Kiwi</i> <i>Vanilla Yogurt</i> Baked Chicken Drum Crunchy Beef Tacos Mashed Potatoes Mixed Berries	<i>Homestyle Pancakes</i> <i>Diced Pears</i> <i>Sausage Links</i> Ham / Cheese Sandwich Celery Sticks / Ranch Sweet & Sour Apples	<i>Dutch Waffle</i> <i>Diced Peaches</i> <i>Hash Brown Patties</i> Sloppy Joes Chicken Alfredo Steamed Broccoli Sweet Orange Slices	<i>Super Pumpkin Bread</i> <i>Melon Medley</i> <i>Crispy Bacon</i> Spooky Bat Nuggets Cinna-bat Crackers BBQ-BOO Beans Mango Berry Sidekick
Meals are FREE for all students - no need to complete a meal application! USDA is an Equal Opportunity Provider, Employer and Lender				

La Paloma Academy

October Afterschool Snack Menu



Monday

Tuesday

Wednesday

Thursday

Friday



Chocolate
Chex Mix
&

5

100 % Fruit Juice

WG Chili Lime
Pringle Mingles

6

100 % Fruit Juice

Cheez – Its

7

Apple Slices
&
Lemonade Craisins

WG Bunny Friends
Graham
&

1

String Cheese

Cheddar
Goldfish
Crackers

2

100 % Fruit Juice

WG Coco Dot
Muffin
&

8

100% Fruit Juice

No School Today

9

No School Today

12

No School Today

13

No School Today

14

No School Today

15

No School Today

16

Chocolate
Chex Mix
&

19

100 % Fruit Juice

WG Cheddar
Nacho Cheese
Doritos

20

100 % Fruit Juice

Chex Mix

21

Apple Slices
&
Tropical Craisins

Goldfish Pretzel
Crackers
&

22

Cheese Cubes

WG Bunny Friends
Graham
&

23

String Cheese

WG Baked
BBQ Crisps

26

100 % Fruit Juice

WG Banana
Muffin
&

27

100% Fruit Juice

Cheez – Its

28

Apple Slices
&
Cherry Craisins

WG Salsa
Sun Chips

29

100 % Fruit Juice

WG Pizza
Pringle Mingles

30

100 % Fruit Juice

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