

La Paloma Academy Liberty

Campus

September Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Cereal Variety & Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
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Friendly Reminder - Liberty will be providing HOT Breakfast with many additional offerings on the fruit bar in the cafeteria daily!

Free Breakfast and Lunch for ALL Students!



	1	2	3	4
	Cinnamon Rolls Fuzzy Kiwi Hash Brown Patties Grilled Cheese Garlic Green Beans Sweet Orange Slices	Wheat Toast & Sausage Applesauce Scrambled Eggs Crispy Chicken Filet Sandwich Baby Carrots / Ranch Nectarines	Pancake on a Stick Golden Bananas Strawberry Yogurt Baked Chicken / Roll Steamed Broccoli Melon Medley	Blueberry Pancakes Sliced Strawberries Hash Brown Patties Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
7	8	9	10	11
	Mini Donuts Sliced Pears String Cheese Beef Taco Stick Broccoli Bites Fresh Fruit Variety	Ham/ Cheese Croissant Purple Plums Peach Yogurt Cheesy Beef Burger Celery Sticks /Ranch Lemon Berry Sidekick	Sausage Bagels Fresh Grapes Hash Brown Patties Mesquite Chicken/Roll Roasted Corn Cinnamon Apple Slices	Sweet Emoji Waffles Sliced Strawberries Sausage Links Taco Crisp Ups Mixed Salad Greens Melon Medley
14	15	16	17	18
Super Banana Bread Fresh Fruit Variety Cheese Cubes Beefy Nacho Supreme Potato Wedges Fruit Cocktail	Breakfast Sandwich Fuzzy Kiwi Vanilla Yogurt Sloppy Joes Garlic Green Beans Fresh Grapes	Sweet Potato Muffin Golden Bananas Hash Brown Patties Chicken Poppers / Roll Baby Carrots / Ranch Fuzzy Peaches	Wheat Toast & Bacon Melon Medley Cheesy Scrambled Eggs Hot Diggity Dog Steamed Broccoli Sweet Orange Slices	Strawberry Bagel Bar Fresh Grapes Peach Yogurt Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Mixed Berries
21	22	23	24	25
Pancake Poppers Fruit Cocktail Sausage Links Bean / Cheese Burrito Broccoli Bites Golden Apple Slices	Chicken Waffle Sandwich Sweet Orange Slices Peach Yogurt French Bread Pizza Steamed Zucchini Fresh Grapes	Cinnamon Rolls Diced Peaches Hash Brown Patties Boneless Wings / Roll Celery Sticks /Ranch Mango Berry Sidekick!	Egg / Cheese Flatbread Sliced Strawberries Strawberry Go-Gurt Chicken Alfredo/Toast Sweet Potato Fries Melon Medley	Super Donut Purple Plums Crispy Bacon Chicken Fajitas Refried Beans Golden Bananas
28	29	30		
Double Chocolate Muffin Applesauce Cheese Cubes Mozzarella Dippers Emoji Taters Fresh Fruit Variety	Dutch Waffles Sliced Peaches Sausage Links Cheese Taquitos Mixed Vegetables Sweet Orange Slices	Breakfast Burrito Fresh Fruit Variety Vanilla Yogurt Bosco Pepperoni Stick Broccoli Bites Cinnamon Apple Slices		



Meals are FREE for all students - no need to complete a meal application!
USDA Is an Equal Opportunity Provider Employer and Lender



La Paloma Academy

September Afterschool Snack Menu

Monday

Tuesday

Wednesday

Thursday

Friday

WG Honeybun
Grahams
&
Cheese Cubes

Chex Mix
Apple Slices
&
Tropical Craisins

WG Bunny Friends
Graham
&
String Cheese

Goldfish Pretzel
Crackers
&
Cheese Cubes

No School Today

Cheddar
Goldfish
Crackers
100 % Fruit Juice

Cheez – Its
Apple Slices
&
Lemonade Craisins

Chocolate
Chex Mix
&
100 % Fruit Juice

WG Coco Dot
Muffin
&
100% Fruit Juice

WG Cheddar
Sun Chips
100 % Fruit Juice

WG Scooby-Doo
Grahams
&
String Cheese

Chex Mix
Apple Slices
&
Orange Craisins

WG Cheddar
Nacho Cheese
Doritos
100 % Fruit Juice

WG Bunny Friends
Graham
&
String Cheese

WG Baked
BBQ Crisps
100 % Fruit Juice

Goldfish Pretzel
Crackers
&
Cheese Cubes

Cheez – Its
Apple Slices
&
Cherry Craisins

Cheddar
Goldfish
Crackers
100 % Fruit Juice

WG Banana
Muffin
&
100% Fruit Juice

WG Salsa
Sun Chips
100 % Fruit Juice

WG White
Nacho Cheese
Doritos
100 % Fruit Juice

Chex Mix
Apple Slices
&
Strawberry Craisins

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