

LA PALOMA ACADEMY LIBERTY CAMPUS



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Blueberry Oatmeal Fuzzy Peaches Scrambled Eggs	Sausage Bagels Sliced Strawberries Peach Yogurt
Free Breakfast & Lunch for all students!			Rib-BQ Sandwich Sweet Potato Fries Golden Bananas	Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
5	6	7	8	9
12	13	14	15	16
Cinnamon UBR Fresh Grapes Hash Brown Patties	French Toast Sticks Gala Apple Slices Crispy Bacon	Biscuits & Gravy Golden Bananas Sausage Links	Mini Donuts Applesauce Scrambled Eggs	Breakfast Burrito Sliced Peaches Strawberry Go-Gurt
Nacho Supreme Mexicali Corn Mixed Fruit	Spaghetti & Meat Sauce Broccoli Bites Sweet Orange Slices	Taco Stick Vegetable Medley Frozen Fruit Cup	Chicken Posole Baby Carrots / Ranch Strawberry Applesauce	Cheese Or Pepperoni Pizza Mixed Salad Greens Tangy Watermelon
19	20	21	22	23
Carrot Muffin Mixed Fruit Baby Bakers	Sweet Emoji Waffles Diced Peaches Sausage Patty	Breakfast Sandwich Sliced Strawberries Vanilla Yogurt	Honeybun Purple Plums Crispy Bacon	Egg / Cheese Flatbread Golden Bananas Strawberry Yogurt
Bean & Cheese Burrito Curly Q Potatoes Sliced Strawberries	Mandarin Chicken Garlic Green Beans Cinnamon Apple Slices	Chicken Tenders / Roll BBQ Baked Beans Fresh Grapes	Homemade Chili Bowl Steamed Broccoli Sweet Orange Slices	Cheeseburger Mixed Salad Greens Melon Medley
26	27	28	29	30
Mini Caramel Cinni's Apple Slices String Cheese	Breakfast Burrito Fuzzy Kiwi Vanilla Yogurt	Homestyle Pancakes Diced Pears Sausage Links	Dutch Waffle Diced Peaches Hash Brown Patties	Super Pumpkin Bread Melon Medley Crispy Bacon
Grilled Cheese Broccoli Bites Sliced Peaches	Baked Chicken Drum Mashed Potatoes Mixed Berries	Chicken Filet Sandwich Celery Sticks / Ranch Gala Apple Slices	Crunchy Beef Tacos Refried Beans Sweet Orange Slices	Spooky Bat Nuggets Cinna-bat Crackers Carrot Coins Mango Berry Sidekick

Meals are FREE for all students - no need to complete a meal application!
USDA is an Equal Opportunity Provider, Employer and Lender

La Paloma Academy Liberty

October Afterschool Snack Menu



Monday

Tuesday

Wednesday

Thursday

Friday



No School Today

No School Today

No School Today

No Aftercare Today

No Aftercare Today

100 % Fruit Juice

100 % Fruit Juice

100 % Fruit Juice

100% Fruit Juice

100 % Fruit Juice

Chocolate
Chex Mix
&

WG Cheddar
Nacho Cheese
Doritos

Chex Mix

Apple Slices
&
Tropical Craisins

Goldfish Pretzel
Crackers
&

Cheese Cubes

WG Bunny Friends
Graham
&

String Cheese

WG Baked
BBQ Crisps

WG Banana
Muffin
&

Cheez – Its

Apple Slices
&
Cherry Craisins

WG Salsa
Sun chips

100 % Fruit Juice

WG Pizza
Pringle Mingles

100 % Fruit Juice

100 % Fruit Juice

100% Fruit Juice

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