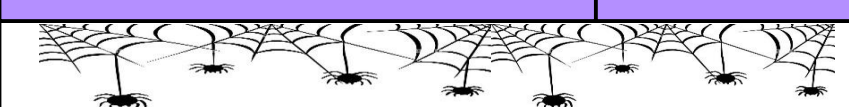


LA PALOMA ACADEMY SADDLEBACK CAMPUS

1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie options available daily for breakfast and lunch!

OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				
			1	2
 Free Breakfast & Lunch for all students!			 Blueberry Waffles Applesauce 100% Fruit Juice Rib-BQ Sandwich Sweet Potato Fries Golden Bananas	 Strawberry Bagel Bar Golden Bananas Lemonade Craisins Pepperoni Pizza Mixed Salad Greens Tangy Watermelon
5	6	7	8	9
 Cinnamon UBR Fresh Grapes 100% Fruit Juice Nacho Supreme Mexicali Corn Mixed Fruit	 French Toast Sticks Gala Apple Slices Fruit Punch Craisins Spaghetti & Meat Sauce Broccoli Bites Sweet Orange Slices	Cinnamon Pancakes Golden Bananas Apple Crisps Deli Sub Sandwich Celery Sticks / Ranch Lemon Berry Sidekick	 Mini Donuts Applesauce 100% Fruit Juice Cheeseburger Baby Carrots / Ranch Strawberry Applesauce	Apple Frudel Sliced Peaches Raspberry Raisins EARLY RELEASE! No Lunch Today!
12	13	14	15	16
Happy Fall Break! 				
19	20	21	22	23
Carrot Muffin Mixed Fruit 100% Fruit Juice Bean & Cheese Burrito Curly Q Potatoes Sliced Strawberries	 Maple Waffles Diced Peaches Cherry Craisins Mandarin Chicken Garlic Green Beans Cinnamon Apple Slices	Cinnamon Apple Loaf Sliced Strawberries Apple Crisps Cheese Quesadilla Baby Carrots / Ranch Fresh Grapes	 Honeybun Purple Plums 100% Fruit Juice EARLY RELEASE! No Lunch Today! No Aftercare!	Double Chocolate Muffin Golden Bananas Golden Raisins EARLY RELEASE! No Lunch Today! No Aftercare!
26	27	28	29	30
Mini Caramel Cinni's Apple Slices 100% Fruit Juice Grilled Cheese Broccoli Bites Sliced Peaches	 Sweet Potato Muffin Fuzzy Kiwi Watermelon Craisins Baked Chicken Drum Mashed Potatoes Mixed Berries	Confetti Pancakes Sliced Strawberries Apple Crisps Deli Sub Sandwich Celery Sticks / Ranch Gala Apple Slices	 Dutch Waffle Diced Peaches 100% Fruit Juice Crunchy Beef Tacos Refried Beans Sweet Orange Slices	Super Pumpkin Bread Melon Medley Raspberry Raisins Spooky Bat Nuggets Cinna-bat Crackers Carrot Coins Mango Berry Sidekick
Meals are FREE for all students - no need to complete a meal application! USDA is an Equal Opportunity Provider, Employer and Lender				

La Paloma Academy

October Afterschool Snack Menu



Monday



Thursday

Friday

WG Bunny Friends
Graham
&

String Cheese

Cheddar
Goldfish
Crackers

100 % Fruit Juice

Chocolate
Chex Mix
&

100 % Fruit Juice

WG Chili Lime
Pringle Mingles

100 % Fruit Juice

Cheez – Its

Apple Slices
&
Lemonade Craisins

WG Coco Dot
Muffin
&

100% Fruit Juice

No School Today

No School Today

No School Today

No School Today

No School Today

No School Today

Chocolate
Chex Mix
&

100 % Fruit Juice

WG Cheddar
Nacho Cheese
Doritos

100 % Fruit Juice

Chex Mix

Apple Slices
&
Tropical Craisins

No Aftercare Today

No Aftercare Today

WG Baked
BBQ Crisps

100 % Fruit Juice

WG Banana
Muffin
&

100% Fruit Juice

Cheez – Its

Apple Slices
&
Cherry Craisins

WG Salsa
Sun Chips

100 % Fruit Juice

WG Pizza
Pringle Mingles

100 % Fruit Juice

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