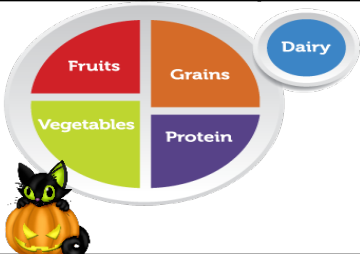
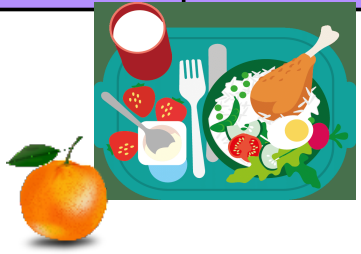
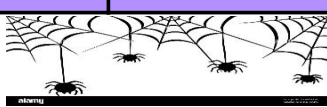


LA PALOMA ACADEMY SOUTH CAMPUS



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
  				
  Free Breakfast & Lunch for all students!  		1 Blueberry Oatmeal Fuzzy Peaches Scrambled Eggs Chicken Posole / Chips Deli Sub Sandwich Sweet Potato Fries Golden Bananas 2 Apple Frudel Sliced Strawberries String Cheese Early Release! No Lunch Today! 		
5	6	7	8	9
				
12	13	14	15	16
Cinnamon UBR Fresh Grapes Hash Brown Patties Nacho Supreme Mini Corn Dogs Baked Potato Wedges Mixed Fruit	French Toast Sticks Gala Apple Slices Crispy Bacon Spaghetti & Meat Sauce Mesquite Chicken / Roll Broccoli Bites Sweet Orange Slices	 Biscuits & Gravy Golden Bananas Sausage Links Taco Stick Vegetable Medley Frozen Fruit Cup	 Mini Donuts Applesauce Scrambled Eggs BBQ Rib Sandwich Hot Diggity Dog Baby Carrots / Ranch Strawberry Applesauce	 Sausage Bagels Sliced Strawberries Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
19	20	21	22	23
 Carrot Muffin Mixed Fruit Baby Bakers Baked Mozzarella Chicken Tenders / Roll Curly Q Potatoes Sliced Strawberries	 Sweet Emoji Waffles Diced Peaches Sausage Patty Mandarin Chicken Bean/Cheese Burrito Garlic Green Beans Cinnamon Apple Slices	Breakfast Sandwich Sliced Strawberries Vanilla Yogurt Backyard Grill Burger BBQ Baked Beans Fresh Grapes	 Honeybun Purple Plums Crispy Bacon Homemade Chili Bowl Chicken Quesadilla Broccoli Bites Sweet Orange Slices	Egg / Cheese Flatbread Golden Bananas Strawberry Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Watermelon Slices
26	27	28	29	30
Mini Caramel Cinni's Apple Slices String Cheese Breakfast 4 Lunch! Grilled Cheese Sweet Potato Fries Sliced Peaches	 Breakfast Burrito Fuzzy Kiwi Vanilla Yogurt Baked Chicken Drum Crunchy Beef Tacos Mashed Potatoes Mixed Berries	Homestyle Pancakes Diced Pears Sausage Links Chicken Filet Sandwich Celery Sticks / Ranch Gala Apple Slices	 Dutch Waffle Diced Peaches Hash Brown Patties Sloppy Joes Chicken Alfredo Steamed Broccoli Sweet Orange Slices	Super Pumpkin Bread Melon Medley Crispy Bacon Spooky Bat Nuggets Cinna-bat Crackers BBQ-BOO Beans Mango Berry Sidekick
Meals are FREE for all students - no need to complete a meal application! USDA is an Equal Opportunity Provider, Employer and Lender  				

La Paloma Academy South

October Afterschool Snack Menu



Monday



Tuesday



Wednesday



Thursday



Friday

WG Pizza
Pringle Mingles

1

No Aftercare Today

2

100 % Fruit Juice

No School Today

5

No School Today

6

No School Today

7

No School Today

8

No School Today

9

Cheddar
Goldfish
Crackers

12

100 % Fruit Juice

Chocolate
Chex Mix
&

13

100 % Fruit Juice

WG Chili Lime
Pringle Mingles

14

100 % Fruit Juice

WG Coco Dot
Muffin
&

15

100% Fruit Juice

WG Salsa
Sun Chips

16

100 % Fruit Juice

Chocolate
Chex Mix
&

19

100 % Fruit Juice

WG Cheddar
Nacho Cheese
Doritos

20

100 % Fruit Juice

Chex Mix

Apple Slices
&
Tropical Craisins

21

Goldfish Pretzel
Crackers
&

22

Cheese Cubes

WG Bunny Friends
Graham
&

23

String Cheese

WG Baked
BBQ Crisps

26

100 % Fruit Juice

WG Banana
Muffin
&

27

100% Fruit Juice

Cheez – Its

Apple Slices
&
Cherry Craisins

28

WG Salsa
Sun Chips

29

100 % Fruit Juice

WG Pizza
Pringle Mingles

30

100 % Fruit Juice

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